



C2 Patient Hot Sheet – Case 6

AHQR SHARE* prompts:

Seek your patient's participation

Help your patient explore and compare treatment options

Assess your patient's values and preferences

Reach a decision with your patient

Evaluate your patient's decision

Patient Description

John Li:

- Is a 62-year-old Chinese American male with Unfavorable Intermediate Risk Gleason 4+3 prostate cancer.
- He is predominantly Mandarin speaking.
- He only had prostate cancer found on his three MRI targeted lesions which had GG3 in 2 lesions and GG2 prostate cancer in 1 MRI-targeted cores.
- His PSA was 8.4ng/ml and his prostate volume was 35cc; PSA density is 0.24.
- He has no family history of prostate cancer and has never had surgery or radiation in the past.
- His son has been sending the Clinician messages through the patient portal on Mr. Li's behalf about his unfavorable intermediate risk prostate cancer. Mr. Li seems to be interested in acupuncture and herbs (Quercetin, *Litchi chinensis*/Li Zhi and *Wedelia chinensis*/Peng Qi Ju) for treating his prostate cancer.
- He is widowed but his son is supportive.

SCRIPT: You are the "PATIENT"

Clinician: "Hello Mr. Li, I understand you are aware of the biopsy results and know you have unfavorable intermediate risk prostate cancer. Today we should discuss your treatment options. When you were last here, we were leaning towards a robotic prostatectomy, but you wanted to discuss it with your family. Do you have any questions for me?"

Patient: "I know we were going to do the robotic prostatectomy, but I saw an ad online marketing quercetin for prostate cancer treatment. Then I went to my herbalist doctor in Chinatown. He referred me for acupuncture which has me feeling great. He also gave me some herbal compounds including quercetin to use every day for inhibiting my prostate cancer's growth. I think we need 30 acupuncture sessions and 1 year of the herbal mixture to eradicate the cancer.

It is a mixture of Quercetin, *Litchi chinensis*/Li Zhi and *Wedelia chinensis*/Peng Qi Ju"



Clinician: Seek your patient's participation in Shared Decision making

Patient: I know that Western providers do not believe in Chinese medicines, but the practice has worked for eons. I am interested to hear your thoughts on the matter so I can make a decision.

Clinician: Help your patient explore and compare treatment options

Patient: Thanks for taking the time to explain your concerns about only using acupuncture and the herbal remedies. I hear your concerns. If I were your father, what would you recommend?

Clinician: Assess your patient's values and preferences

Patient: Since my son is an adult and I live alone, I would like to do the treatment that gets me back to independent living as soon as possible. I still work as an architect in my own firm, so I would like to try the Chinese medicine path for a few months to give it a chance to work. I think it will work well for me. Can I give the Chinese doctor's treatment a chance to work for 3-6 months?

Clinician: Reach a decision with your patient

Patient: I really respect your expertise in American medicine and think I will try acupuncture and the herbal remedy for 3 months and get a repeat PSA to see if it is working. If things are not better, then I will likely go with the robotic prostatectomy since I can return to work fairly soon.

Clinician: Evaluate your patient's decision in concordance with their values.

Patient: I understand that it may carry some additional risk to wait a few months to start the treatment. We already had to wait 6 months to do the biopsy because of COVID-19. I think three months won't be too risky.

Clinician: wrap up the patient visit

*Agency for Healthcare Research and Quality

<https://www.ahrq.gov/health-literacy/professional-training/shared-decision/index.html>