C2 Clinician Hot Sheet – Case 3

AHQR SHARE* prompts:
Seek your patient's participation
Help your patient explore and compare treatment options
Assess your patient's values and preferences
Reach a decision with your patient
Evaluate your patient's decision

Patient Description

Marcia Smith:

- Is a 51-year-old transgender female (male to female).
- Is married to a female.
- Has 2 Children from time before transitioning to female.
- Has a father that had prostate cancer at age 62 and lived 15 years and died of a myocardial infarction (MI).
  - Father underwent external beam radiation therapy and did well.
- Did not think prostate cancer was possible and wants to know whether to screen at all.
- Saw this urology clinician 6 months ago who performed a physical exam and did a cystoscopy for Marcia during a microscopic hematuria evaluation which was negative. This clinician knows she has atrophic 8cc testes bilaterally and a normal circumcised penis and her prostate feels to be about 10cc with normal landmarks.

SCRIPT: You are the "CLINICIAN"

Clinician: "Mrs. Smith, I see from your referral that you are back here because you were concerned about prostate cancer screening given your family history of prostate cancer. How can I help you today?"

(Patient will respond)

Clinician: **S**eek your patient's participation in Shared Decision making

(Patient will respond)

Clinician: **H**elp your patient explore and compare treatment options
Please explore the pros and cons of the following options:

- No screening ever (it is fairly rare)

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- Baseline PSA today with me and 6 months after you stop your hormones and PSA screening and digital rectal exam every 2 years. If PSA >1ng/ml while on hormones, then consider biopsy. If PSA rises > 0.7ng/ml/year, then consider biopsy when off of hormones. Continue until age 69
- Start at age 55 after you are off hormones; PSA every 2 years until age 69 with your trusted primary care doctor. You can avoid the digital rectal examination unless there are concerning changes.

(Patient will respond)

Clinician: **Assess** your patient's values and preferences

(Patient will respond)

Clinician: **R**each a decision with your patient

(Patient will respond)

Clinician: **Evaluate** your patient's decision in concordance with their values.

(Patient will respond)

Clinician: wrap up the patient visit

*Agency for Healthcare Research and Quality
https://www.ahrq.gov/health-literacy/professional-training/shared-decision/index.html

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