



C1 Clinician Hot Sheet – Case 6

AHQR SHARE* prompts:

Seek your patient's participation

Help your patient explore and compare treatment options

Assess your patient's values and preferences

Reach a decision with your patient

Evaluate your patient's decision

Patient Description

John Li:

- Is a 62-year-old Chinese American male with Unfavorable Intermediate Risk Gleason 4+3 prostate cancer.
- He is predominantly Mandarin speaking.
- He only had prostate cancer found on his three MRI targeted lesions which had GG3 in 2 lesions and GG2 prostate cancer in 1 MRI-targeted cores.
- His PSA was 8.4ng/ml and his prostate volume was 35cc; PSA density is 0.24.
- There was concern for the 3+4 anterior lesion to being close to calcifications anteriorly (HIFU less effective).
- He has no family history of prostate cancer and has never had surgery or radiation in the past
- His son has been sending this Clinician messages through the patient portal on Mr. Li's behalf about his unfavorable intermediate risk prostate cancer. Mr. Li seems to be interested in acupuncture and HIFU for treating his prostate cancer.
- He is widowed but his son is supportive.

SCRIPT: You are the "CLINICIAN"

Clinician: "Hello Mr. Li, I understand you are aware of the biopsy results and know you have unfavorable intermediate risk prostate cancer. Today we should discuss your treatment options. When you were last here, we were leaning towards a robotic prostatectomy, but you wanted to discuss it with your family. Do you have any questions for me?"

(Patient will respond)

Clinician: Seek your patient's participation in Shared Decision making

(Patient will respond)

Clinician: Help your patient explore and compare treatment options



Please explore the pros and cons of the following options:

- Radical prostatectomy
- Radiotherapy
- Acupuncture/Herbal medicines
- Combination of acupuncture/herbal medicines and conventional treatments.

Note: Acupuncture is helpful for reducing pain and nausea associated with advanced prostate cancer treatments.

<https://www.liebertpub.com/doi/pdf/10.1089/acu.2015.1095>

The herbal remedies Mr. Li mentioned do have anti-cancer activity in prostate cancer cell lines but have not been evaluated for dosing and efficacy in clinical trials. Since these are extracts of several compounds it will likely be years until the combination is effectively evaluated.

(Patient will respond)

Clinician: Assess your patient's values and preferences

(Patient will respond)

Clinician: Reach a decision with your patient

(Patient will respond)

Clinician: Evaluate your patient's decision in concordance with their values.

(Patient will respond)

Clinician: wrap up the patient visit

*Agency for Healthcare Research and Quality

<https://www.ahrq.gov/health-literacy/professional-training/shared-decision/index.html>