



## **B1 Clinician Hot Sheet – Case 5**

### AHQR SHARE\* Prompts

- Seek your patient's participation
- Help your patient explore and compare treatment options
- Assess your patient's values and preferences
- Reach a decision with your patient
- Evaluate your patient's decision

### Patient Description

#### **Jack Coleman:**

- Is a 45-year-old White male
- Is married to a younger spouse
- Has 2 healthy Children
- Has no family history of prostate cancer
- Had 1 episode of kidney stones 5 months ago. Had an ESWL and stent placement 2 months ago. He removed the stent by the dangle. Patient had a recent kidney US ordered which was negative for stones or hydronephrosis. The clinician just reviewed the 24-hour urine studies (urine volume 1L) and told him that he should drink more water. There have been no new symptoms or episodes.
- Wants to discuss whether and how often he should do prostate cancer screening

### **SCRIPT: You are the "CLINICIAN"**

**Clinician:** "I am (Title/Name), your ultrasound was negative, and I see from your 24-hour urine collection that you need to increase your water intake which is fantastic. What brings you in today?"

(Patient will respond)

**Clinician:** Seek your patient's participation in Shared Decision making

(Patient will respond)



**Clinician:** Help your patient explore and compare treatment options

Please explore the pros and cons of the following options:

- PSA screening and digital rectal exam every 2-4 years with your PCP since PSA <1.0 (NCCN Guidelines)
- Repeat PSA every 1-2 years (AUA Guidelines)
- Wait until age 55 and get your next PSA +/- DRE in line with the ACS & USPSTF Guidelines
- No screening ever (USPSTF Guidelines)

(Patient will respond)

**Clinician:** Assess your patient's values and preferences

(Patient will respond)

**Clinician:** Reach a decision with your patient

(Patient will respond)

**Clinician:** Evaluate your patient's decision in concordance with their values.

(Patient will respond)

**Clinician:** wrap up the patient visit

\*Agency for Healthcare Research and Quality

<https://www.ahrq.gov/health-literacy/professional-training/shared-decision/index.html>