



A2 Patient Hot Sheet – Case 4

AHQR SHARE* prompts:

Seek your patient's participation

Help your patient explore and compare treatment options

Assess your patient's values and preferences

Reach a decision with your patient

Evaluate your patient's decision

Patient Description

Kevin Taylor:

- Is a 57-year-old gay White male
- Lives near the clinic
- Has no Children and stable partner for past year
- Grandfather had prostate cancer at age 67 and underwent external beam radiation therapy and did well
- Sexually versatile (anal penetrative and receptive)
- He is voiding normally and is asymptomatic following his prostate biopsy
- Has newly diagnosed unfavorable intermediate risk prostate cancer (cT1c, G 4+3 in 3 cores, PSA 6.4, volume 40cc, PSA density 0.16.)
- Good erections, BMI 30 kg/m², mild BPH symptoms, well controlled diabetes
- Here to decide between radical prostatectomy and radiotherapy

SCRIPT: You are the **"PATIENT"**

Clinician: Welcome/Introductions

Patient: "Hi (Clinician name), it is nice to see you again. I appreciate you referring me to the NCCN Guidelines for Patients website using MyChart. My partner and I went through it, and we are debating about whether I should do robotic prostatectomy, brachytherapy or IMRT radiotherapy. I live nearby and have the ability to take a 6-8 week sick leave. My partner and I are pretty serious and he will help me get back and forth and support me during my treatments. When I read through the side effects there does not seem to be any information that pertains to gay men's sexual practices. I top and bottom with my partner. What do you think I should choose for my treatment?"

Clinician: **Seek** to engage patient in shared decision making



Patient: “I would appreciate some guidance and want to hear the options and which one you think is best. I want to share that I have had bad experiences with doctors not considering my sexual habits and preferences.

By the way, I predominantly bottom but ejaculation is also pretty important and we are really turned on by semen. What option do you think will provide the best quality of life?”

Clinician: Help your patient explore the treatment options.

Patient: You are free to ask any ONE question you want to compare the treatment options.

Clinician: Assess the patient’s values.

Patient: “I am leaning towards radiation with High dose rate boost because I would like to have more time with my partner to enjoy my erections since we are fairly new in our relationship. But I also hear that you are limited in treatment options if the cancer comes back after radiation.

My parents are both alive and healthy in their early 80s so I could see living a long life. If the cancer comes back early after radiation, can you find someone willing to do a salvage prostatectomy for me?”

Clinician: Reach a decision with the patient.

Note: Giving the patient time to think it over is an acceptable course too.

Patient: “I understand the pros and cons of each approach now. I am thinking that the HDR brachytherapy and external beam radiotherapy will be best for me so I can return to work and cement my relationship with my new partner”

Clinician: Evaluate the patient’s decision.

Patient: “Thanks (clinician name) for helping me make a decision. You laid out some good options and I will share this with my partner when I get home.”

Clinician: wraps up the visit

*Agency for Healthcare Research and Quality

<https://www.ahrq.gov/health-literacy/professional-training/shared-decision/index.html>